



PRACTICE 1

Daily Time with God

Psalm 1:1-3; Matthew 14:23

THE PRINCIPLE:

People do not experience the abundant life the Bible _____ because they do not devote themselves to the way of living that the Bible _____

WHAT IS A "SPIRITUAL PRACTICE"?

Something we do _____ that strengthens our faith, transforms our character, and draws us closer to God. We do it, not simply because it will help us later ... the _____ brings joy and peace.

TEACHING IN PSALM 1:

Two Conditions:

1. Avoiding _____ (v 1)
2. Filling your mind and heart with _____ (v 2)

Two Results:

1. The person gets the _____ (v 3)
2. The person gets a _____ (v 3)

TEACHING IN MATTHEW 14:

1. Jesus was _____
2. Jesus _____
3. This was a _____

HOW DO YOU DO THIS? (RMP)