

# The Spiritual Therapy of Repentance and Forgiveness



1. What was Jesus' and John the Baptist's main theme of their sermons?
2. Why did Jesus call repentance good news?
3. When we repent, do we focus inward upon our own sins or do we focus on the sinfulness of the world around us?
4. What does repentance do for us? (1 Jn.1:8-10, Acts 3:19)
5. What stops us from being able to repent and forgive? (James 6:4)
6. What kind of yoke did Jesus want us to bear? (Matt.11:28-30)

7. What does LD 51, Q&A 126 say about forgiveness? (Col.3:13, Rom.5:8)

8. What did Jesus instruct us about forgiveness and forgiving at the end of the "Lord's Prayer" in Matt.6:14-15?

9. Are we to bear grudges and resentments as Christians? (1 Cor.13:5)

10. How many times do we need to forgive each other? (Luke 17:3-4, Gal.5:13-15)

11. How does Jesus define the nature of church fellowship? (Jn.13:34-35)

12. What does Dr. Sues say about this?