

# SERMON NOTES

***The 50/50 Principle and the  
SECRET of Contentment  
Philippians 4:12***



**INTRO – a trip to Switzerland**

**THE PRINCIPLE STATED:**

**TWO QUALIFIERS:**

1. It's not always \_\_\_\_\_
2. We can \_\_\_\_\_ our life ... and then we will have \_\_\_\_\_

**HOW THIS CAN CHANGE YOUR LIFE:**

1. You can stop \_\_\_\_\_
2. You can stop \_\_\_\_\_
3. You can start \_\_\_\_\_ ... because you \_\_\_\_\_

**THE APOSTLE PAUL AND "THE SECRET OF BEING CONTENT":**

1. He'd learned to find things \_\_\_\_\_ (v 4)

2. He'd learned to \_\_\_\_\_ (v 6-7)

3. He'd learned to \_\_\_\_\_ (v 6)

4. He'd learned to \_\_\_\_\_ (v 8)

5. He'd learned to \_\_\_\_\_ (v 13)

**THE BOTTOM LINE:**

No matter what is going on in your life, you can tell

\_\_\_\_\_ ... and you

\_\_\_\_\_