

The Renewed Life

Key 4: FACING COMPULSIONS

1 Corinthians 6:12



KEY 4. FACING COMPULSIONS - We accept that our bodies have built-in urges for pleasure and relief. It is essential for our well-being that we control these urges, rather than letting them control us.

THE BIBLE ON OVERCOMING OUR COMPULSIONS:

1. The Background: _____

2. The Key Commitment: _____

3. The Issue Today: _____

Sex, Drugs, Alcohol, Food, Gambling,
Distraction (gaming, social media, TV) Shopping

4. The Reason This Matters, Especially With Sex:

Not because _____ *but because it's so* _____

5. The Remedy: _____, leading to
