

The Renewed Life

Key 6: Peace With Your Past

Psalm 34:17-18



KEY 6. Peace with our Past - We recognize the power of early life trauma and deprivation, and we take steps to come to terms with our wounds. We can't fix deep habits or compulsions without getting below the surface and dealing with what drives them.

WHY DO WE NEED TO TALK ABOUT THIS? WHAT'S DONE IS DONE, RIGHT? CAN'T WE JUST MOVE ON?

1. The problem is that "what's done" _____
 2. Like it or not, early life experiences _____
 3. Doing Jesus' work in the world today must involve _____
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HOW DO WE "MAKE PEACE WITH OUR PAST"?

1. Come to _____
_____ of our brokenness
2. Get clear and honest about _____
3. Commit to _____
A. This means to _____
(Luke 6:37, Colossians 3:13)

B. This means to _____
(*Matthew 5:4*)

C. This means to _____
(*Psalm 34:17-18*)

4. Find and connect to _____

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A. Join with people and places where _____

B. Get out of places and relationships _____